

SANDWICHES & MORE

SERVED WITH YOUR CHOICE OF:
FRIES, SOUP OF THE DAY OR GARDEN SALAD

SWEET POTATO FRIES, ONION RINGS
OR CAESAR SALAD ADD \$2

GLUTEN FREE BREAD AVAILABLE, PLEASE ASK YOUR
SERVER TO SUBSTITUTE

Cubano \$14

SLOW ROASTED PORK SHOULDER,
HAM, SWISS CHEESE, PICKLES,
MUSTARD, GRILLED FRENCH ROLL

Reuben \$14

MONTREAL SMOKED MEAT, PICKLED
NAPA CABBAGE, SWISS CHEESE,
MUSTARD AIOLI, RYE BREAD

8oz New York Steak Sandwich \$20

GARLIC GRILLED FOCACCIA,
SAUTEED MUSHROOMS & ONIONS

Grilled Chicken Club \$15

CHICKEN, PROSCIUTTO, SMOKED
CHEDDAR, AVOCADO, BASIL PESTO
ON A GRILLED FRENCH ROLL

Fish & Chips \$17

8OZ BATTERED HADDOCK, HOUSE
TARTAR SAUCE, CREAMY SLAW

Bacon Double Cheeseburger \$17

TWO 4OZ HOUSE MADE PATTIES, 2
YEAR OLD CHEDDAR, BACON,
LETTUCE, TOMATO, ONION, PICKLE,
MUSTARD AIOLI

Chicken Tenders \$10

PASTA & BOWLS

Poke Bowl \$17 (GF)

MARINATED TUNA, QUINOA, AVOCADO,
EDAMAME, BEAN SPROUTS, CARROTS,
CUCUMBER, JALAPENO, TOASTED PUMPKIN
SEEDS, ROASTED PINEAPPLE SALSA, CHILI
CREAM DRESSING

Buddha Bowl \$14

MIXED GRAINS, EDAMAME, CHICKPEAS,
CARROTS, KALE, BEAN SPROUTS, CILANTRO,
SPICY PEANUT SAUCE

ADD CHICKEN \$6 | ADD SHRIMP \$7

Laksa Soup \$16 (GF)

SPICY COCONUT BROTH, RICE NOODLES,
BEAN SPROUTS, CHICKEN, PRAWNS, BOILED
EGG, BASIL, FRESH LIME

Chicken Parmesan with Pesto Spaghetti \$20

SIDE OF GRILLED FOCACCIA

Bay Scallop & Prawn Scampi \$22

SIDE OF GRILLED FOCACCIA

ENTREES

ENTREES ARE ACCOMPANIED WITH
SAUTEED VEGETABLES, YOUR CHOICE OF
GARDEN SALAD OR SOUP OF THE DAY TO
START, AND YOUR CHOICE OF
MASHED POTATO | BAKED POTATO | RICE

12oz New York Steak \$34 (GF)

Seared Tuna \$29 (GF)

TOMATO OLIVE RELISH

SALADS

LOADED QUINOA \$16 (GF)

SWEET PEPPERS, TOMATO, CUCUMBER, RED ONION, TOASTED PINE NUTS, PUMPKIN SEEDS, AVOCADO, ARTISAN GREENS, CREAMY TAHINI YOGURT DRESSING

HOUSE CAESAR \$14

CHOPPED ROMAINE, SHREDDED PARMESAN, GRILLED PROSCIUTTO, HOUSE MADE CROUTONS

GARDEN SALAD \$12 (GF)

ARTISAN LETTUCE, SWEET PEPPERS, TOMATOES, ONION, CUCUMBER, SHREDDED CARROT

ADD CHICKEN \$6
ADD PRAWNS \$7
ADD SALMON \$8

DRESSING CHOICE

TAHINI YOGURT | LEMON MINT
VINAIGRETTE | FRESH HERB
VINAIGRETTE | RANCH
ITALIAN | RASPBERRY
VINAIGRETTE | THOUSAND
ISLAND

PIZZA \$18

CREATE YOUR OWN MASTERPIECE
CHOOSE THREE OF THE LISTED TOPPINGS BELOW
ADDITIONAL TOPPINGS \$2

PEPPERONI | SALAMI | GROUND BEEF | HAM | CHICKEN | BACON | JALAPENO |
RED PEPPER | SHRIMP | OLIVES | PINEAPPLE | TOMATO | GREEN PEPPER |
MUSHROOMS | RED ONION |



APPETIZERS

CHICKEN WINGS \$15 (GF)

HOT | TERIYAKI | BARBECUE | GARLIC
CHILI | SALT & PEPPER LIME

BONE IN GARLIC CHILI PORK RIBS \$14 (GF)

PILED HIGH NACHOS \$17

MIXED CHEESE, RED ONION,
JALAPENOS, BLACK OLIVES, PEPPERS,
TOMATOES, SOUR CREAM, HOUSE MADE
SALSA AND GUACAMOLE

ADD CHICKEN OR BEEF \$6